CALL IF EATING IN BEFORE 9am | Suggested Donation $4 **(802)287-9200** | Under 60 suggested donation of $6 | **Meals Served 12:00**

Nov-26

Tuesday	Wednesday	Thursday	Friday
3 Baked Ziti Garden Salad Fruit Crisp *Bone Builders 9:30*	4 Pulled Pork Sandwich Cole Slaw Home Fries Peaches *Card Playing 1:00 PM*	5 Chicken & Biscuits Mashed Potatoes Green Beans Jello w. Fruit *Bone Builders 9:30*	6 Stuffed Pepper Casserole Garden Salad *Chair Yoga @1:00*
10 Turkey Tetrazzini Pasta Garden Salad Mandarin Oranges *Bone Builders 9:30* *BP Checks - 11:30*	11 Beef Stew Biscuit Cole Slaw Fruit Crisp Card Playing 1:00 PM	12 **Birthday Dinner** Chicken Parm Pasta Garden Salad Pineapple Bone Builders 9:30	13 Roast Pork Gravy Mashed Potatoes Peas & Carrots Peaches Chair Yoga @1:00
17 Chicken Noodle Soup Deli Sandwich Fruit Salad *Bone Builders 9:30*	18 Pork Chop Casserole Cole Slaw 3-Bean Salad Oranges Craft Project 10a Card Playing 1:00 PM	19 Mac & Cheese Stewed Tomatoes Broccoli Pudding Bone Builders 9:30	20 Pot Roast Mashed Potatoes Brussel Sprouts Peaches Chair Yoga @1:00
24 Veggie Lasagna Garden Salad Fruit Salad *Bone Builders 9:30*	25 French Toast Bake Bacon Homefries Yogurt Parfait Card Playing 1:00 PM	26 **Thanksgiving Day** **Closed**	27 **CLOSED**

ALL MEALS INCLUDE: 1% Milk, Whole Wheat Bread, and Low Sodium Gravy. Menu is subject to change without notice due to product availability and Nutritionist.
Garden Salads consist of Lettuce, Tomatoes, and peppers.