

CALL IF EATING IN
BEFORE 9am

Suggested
Donation \$4

(802)287-9200

Under 60 suggested
donation of \$6

Meals Served 12:00

May-26

Tuesday		Wednesday		Thursday		Friday	
							1
<u>Bone Builders 9:30</u>		<u>Card Playing 1:00 PM</u>		<u>Bone Builders 9:30</u>		Chicken Parmesan Pasta California Mixed Vegetable Cole Slaw Mandarin Oranges <u>Chair Yoga @1</u>	
5		6		7		8	
Reuben Casserole Garden Salad Peaches <u>Bone Builders 9:30</u>		Roast Turkey Stuffing Mashed Poatoes Peas & Carrots Cranberry Sauce <u>Card Playing 1:00 PM</u>		Pork Chop Brown Rice Sauted Cabbage 3 Bean Salad Applesauce <u>Bone Builders 9:30</u>		Mac & Cheese Stewed Tomatoes Broccoli Yogurt Parfait w/Berries and Granola <u>Chair Yoga @1</u>	
12		13		14		15	
French Toast Casserole Home Fries w/Peppers & Onions Bacon Berries <u>Bone Builders 9:30</u>		Chicken Cacciatore Pasta Garden Salad Pears <u>Card Playing 1:00 PM</u>		BIRHTDAY DINNER Roast Pork w/Gravy Stuffing Mashed Potatoes Green Beans Applesauce <u>Bone Builders 9:30</u>		Goulash Garden Salad Mandarin Oranges <u>Chair Yoga @1</u>	
19		20		21		22	
Ham or Turkey Deli Sandwich Garden Salad Cottage Cheese w/Berries <u>Bone Builders 9:30</u>		Pork Fried Rice w/ Veggies Cole Slaw Pineapple <u>Card Playing 1:00 PM</u>		Baked Chicken Sweet Potatoes Brussels Sprouts Berry Crisp <u>Bone Builders 9:30</u>		Hamburger Potato Salad Cole Slaw Jello w/ Fruit Cocktail <u>Chair Yoga @1</u>	
26		27		28		29	
Chicken Pot Pie Garden Salad Peaches <u>Bone Builders 9:30</u>		Pot Roast w/Gravy Mashed Potatoes Green Beans Biscuit Mandarin Oranges <u>Card Playing 1:00 PM</u>		Pulled Pork Sandwich Baked Beans Cole Slaw Pears <u>Bone Builders 9:30</u>		Spinach & Cheese Stuffed Shells Garden Salad Yogurt Parfait w/Berries and Granola <u>Chair Yoga @1</u>	

ALL MEALS INCLUDE: 1% Milk, Whole Wheat Bread, and Low Sodium Gravy. Menu is subject to change without notice due to product availability and Nutritionist. Garden Salads consist of Lettuce, Tomatoes, and peppers.