

CALL IF EATING IN  
BEFORE 9am

Suggested  
Donation \$4 (802)287-9200

Under 60 suggested  
donation of \$6

Meals Served 12:00

Apr-26

Tuesday		Wednesday		Thursday		Friday	
			1		2		3
		Steak w/ Garlic Butter Potato Wedges Brussels Sprouts Biscuit Melon  <u>Card Playing 1:00 PM</u>		Pork Chop Mashed Sweet Potatoes Stuffing Broccoli & Cauliflower Applesauce  <u>Bone Builders 9:30</u>		Vegetable Frittata Bacon Home Fries w/Peppers & Onions Yogurt Parfait  <u>Chair Yoga @12:45</u>	
7			8		9		10
Mac and Cheese Stewed Tomatoes Broccoli Pears  <u>Bone Builders 9:30</u>		Sloppy Joes Potato Wedges Cole Slaw Fruit Cocktail  <u>Card Playing 1:00 PM</u>		Chicken & Biscuits Mashed Potatoes Peas & Carrots Cranberry Sauce  <u>Bone Builders 9:30</u>		Vegetable Lasagna Garden Salad Jello w/ Fruit Cocktail  <u>Chair Yoga @12:45</u>	
14			15		16		17
Sweet & Sour Chicken w/ Stir Fry Vegetables Brown Rice Pineapple  <u>Bone Builders 9:30</u>		Roast Pork Loin Mashed Sweet Potatoes Brussels Sprouts Berry Crisp  <u>Card Playing 1:00 PM</u>		<b>BIRTHDAY DINNER</b> Spaghetti & Meatballs Garden Salad Mandarin Oranges  <u>Bone Builders 9:30</u>		Baked Fish Rice Green Beans Cole Slaw Peaches  <u>Chair Yoga @12:45</u>	
21			22		23		24
French Toast Casserole Sausage Home Fries w/ Onions & Peppers Berries  <u>Bone Builders 9:30</u>		Baked Chicken Rice Pilaf Garden Salad Pears  <u>Card Playing 1:00 PM</u>		Pot Roast Egg Noodles Garden Salad Peaches  <u>Bone Builders 9:30</u>		Pulled Pork Sandwiches Baked Beans Cole Slaw Pineapple  <u>Chair Yoga @12:45</u>	
28			29		30		
Meatloaf Mashed Potatoes Carrots Biscuit Peaches  <u>Bone Builders 9:30</u>		Ham Scalloped Potatoes Green Beans Berry Crisp  <u>Card Playing 1:00 PM</u>		Chef Salad w/ Ham & Turkey, Garbanzo Beans, and Cheese Yogurt Parfait  <u>Bone Builders 9:30</u>			

ALL MEALS INCLUDE: 1% Milk, Whole Wheat Bread, and Low Sodium Gravy. Menu is subject to change without notice due to product availability and Nutritionist. Garden Salads consist of Lettuce, Tomatoes, and peppers.