

CALL IF EATING IN  
BEFORE 9am

Suggested  
Donation \$4 (802)287-9200

Under 60 suggested  
donation of \$6

Meals Served 12:00

Mar-26

Tuesday		Wednesday		Thursday		Friday	
3	<p>Roast Pork Mashed Sweet Potatoes Brussels Sprouts Fruit Crisp</p> <p><u>Bone Builders 9:30</u></p>	4	<p>Mac &amp; Cheese Stewed Tomatoes Broccoli Mandarin Oranges</p> <p><u>Card Playing 1:00 PM</u></p>	5	<p>Pot Roast Mashed Potatoes Carrots Applesauce Biscuit</p> <p><u>Bone Builders 9:30</u></p>	6	<p>Butternut Squash Soup Deli Sandwich Cole Slaw Pears</p> <p><u>Chair Yoga @12:45</u></p>
10	<p>Meatloaf Mashed Potatoes California Mixed Vegetables Fruit Cocktail Biscuit</p> <p><u>Bone Builders 9:30</u></p>	11	<p>Sweet &amp; Sour Pork Stir Fry Vegetables Brown Rice Garden Salad Pineapple</p> <p><u>Card Playing 1:00 PM</u></p>	12	<p><b>BIRTHDAY DINNER</b> Corned Beef &amp; Cabbage Potatoes Carrots Biscuit Mandarin Oranges</p> <p><u>Bone Builders 9:30</u></p>	13	<p>Fish Sticks Tater Tots Mixed Veggies Cole Slaw Berries</p> <p><u>Chair Yoga @12:45</u></p>
17	<p>Roast Beef w/ Gravy Mashed Potatoes Green Beans Fruit Crisp</p> <p><u>Bone Builders 9:30</u></p>	18	<p>Roast Turkey Stuffing Mashed Sweet Potatoes Broccoli Peaches</p> <p><u>Card Playing 1:00 PM</u></p>	19	<p>BBQ Pulled Pork Sandwich Home Fries Cole Slaw Pears</p> <p><u>Bone Builders 9:30</u></p>	20	<p>Baked Ziti Garden Salad w/ Chickpeas Mandarin Oranges</p> <p><u>Chair Yoga @12:45</u></p>
24	<p>Baked Ham Mashed Sweet Potatoes Brussels Sprouts Fruit Crisp</p> <p><u>Bone Builders 9:30</u></p>	25	<p>BBQ Ribs Baked Beans Macaroni Salad Cole Slaw Pineapple</p> <p><u>Card Playing 1:00 PM</u></p>	26	<p>Chicken &amp; Biscuits Mashed Potatoes Carrots &amp; Peas Cranberry Sauce</p> <p><u>Bone Builders 9:30</u></p>	27	<p>Chef Salad Yogurt Parfait</p> <p><u>Chair Yoga @12:45</u></p>
31	<p>Chili Garden Salad Bananas</p> <p><u>Bone Builders 9:30</u></p>						

ALL MEALS INCLUDE: 1% Milk, Whole Wheat Bread, and Low Sodium Gravy. Menu is subject to change without notice due to product availability and Nutritionist. Garden Salads consist of Lettuce, Tomatoes, and peppers.