

CALL IF EATING IN
BEFORE 9am

Suggested
Donation \$4 **(802)287-9200**

Under 60 suggested
donation of \$6

Meals Served 12:00

Feb-26

Tuesday		Wednesday		Thursday		Friday	
3		4		5		6	
Goulash Garden Salad Pears <u>Bone Builders 9:30</u>		Roast Pork w/Gravy Mashed Potatoes Green Beans Fruit Crisp <u>Card Playing 1:00 PM</u>		Soup'er Bowl Party Corn Chowder Deli Sandwich Garden Salad Mandarin Oranges <u>Bone Builders 9:30</u>		Chicken Pot Pie Cole Slaw Berries <u>Chair Yoga @12:45</u>	
10		11		12		13	
BBQ Ribs Brown Rice Baked Beans Cole Slaw Pineapple <u>Bone Builders 9:30</u>		Mac & Cheese Stewed Tomatoes Broccoli Applesauce <u>Card Playing 1:00 PM</u>		Birthday Dinner Baked Chicken Stuffing Mashed Potatoes Green Beans Cranberry Suace <u>Bone Builders 9:30</u>		Beef Tips over Egg Noodles Garden Salad Pears <u>Chair Yoga @12:45</u>	
17		18		19		20	
Chili Garden Salad Corn Muffin Mandarin Oranges <u>Bone Builders 9:30</u>		French Toast Casserole Sausage Home Fries w/ Peppers & Onions Yogurt Parfait <u>Card Playing 1:00 PM</u>		Pork Chops Mashed Sweet Potatoes California Mixed Veggies Fruit Crisp <u>Bone Builders 9:30</u>		Chicken Cordon Bleu Casserole Garden Salad Fruit Cocktail <u>Chair Yoga @12:45</u>	
24		25		26		27	
Shepherd's Pie Garden Salad Fruit Crisp <u>Bone Builders 9:30</u>		Hummin Strummin Ukulele Minestrone Soup Deli Sandwich Cole Slaw Peaches <u>Card Playing 1:00 PM</u>		Baked Ziti Garden Salad w/ Chickpeas Jello w/ Fruit <u>Bone Builders 9:30</u>		Pulled Pork Sandwich Baked Beans Cole Slaw Pineapple <u>Chair Yoga @12:45</u>	

ALL MEALS INCLUDE: 1% Milk, Whole Wheat Bread, and Low Sodium Gravy. Menu is subject to change without notice due to product availability and Nutritionist. Garden Salads consist of Lettuce, Tomatoes, and peppers.